



Alexander Road High School

Private Bag X34377
Newton Park
6055
Gqeberha
South Africa

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Tel: 041 365 1270
E-Mail: info@arhs.co.za
Web: arhs.co.za

Dear Alex Family Members

Surviving the stress of the surge

With the rapid increase in the number of new Covid-19 cases this week, the stress related to living and working with the ever-present threat of danger is not very good for our stress levels. When we add the exam stress to the mix, we can all understand if our children are taking a bit of strain.

We have a number of pupils in quarantine and with positive test results for Covid-19. Thanks to the prudent action by parents we have not traced any new infections back to activities at school. While the exams do add stress to our lives, they also allow us to carefully control the movement of people. Less movement and fewer venues all help to reduce risk. Please keep up with your sensible approach to reducing the number of opportunities the virus has to find a new host. At the first sign of any symptoms, please rather keep your child at home until they are completely well again. I would much rather have them miss an exam than come to school unwell.

We have re-visited our planning for the rest of the year and there has been one small change to the academic days. Please find version 5 (<https://bit.ly/3dcVBpX>) on our website. Please remove version 4 from the fridge door and put version 5 up there. I have added a few of the awards assemblies and the end of year functions. I hope not to have to make any more changes to this document this year.

As I mentioned last week, we will not expect any pupils in class after the exams., We will post work on our arhs.vip site that can be completed at home. I don't think it is prudent to have them back until next term. Final assembly will be on Friday 9 July at 09H00 the link is <https://youtu.be/CF6yLB1Fa0A>
After the assembly has ended, we will start with the sending of reports. Please be patient with us, it takes a while. Please be as cautious as you can during the holidays. We are likely to be right in the worst part of the third wave by then and avoiding any large groups is a sure way to keep everyone safe.

Fond regards

Matthew Ridgway
Principal