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Dear Alex Family Members

The Youth Day newsletter

In the week before Youth Day, we are duty bound to remember the protest in Soweto in 1976 that ended so tragically for so many young people. That event catapulted the injustice of Apartheid into the public consciousness and focused the world's attention on human rights abuses in South Africa at the time. We celebrate those young people who were willing to take a stand against injustice.

In the week before exams, we are all a little more focused on managing stress. In an already stressed environment, we must all be extra vigilant that our children are coping. Anxiety can creep up undetected and can build to dangerous levels if not monitored. Please have regular discussions with your children about their stress and anxiety over the next few weeks.

The exam timetable went out last week. Everyone was given a hard copy of the timetable and the exam regulations. We will not expect anyone who is not writing at school. We will need everyone who is writing the first session to be in class by 08H00. They will be able to leave after the exam. Anyone who needs to stay on campus for the whole day is welcome to do so but I would like to be notified, so that I can make logistical arrangements.

After the exam session ends on 5 July, we will not have scheduled classes to reduce the traffic when the third wave will most likely be in full swing. Work will be provided via the arhs.vip site for those 3 days. The final assembly will be done via YouTube at 09H00 on Friday 9 July, and after the assembly I will release the reports. You should get them in your email during the day. We send them class by class meaning that there is some delay between the start and end, so please just be patient with us.

The third wave is very much upon us and we are seeing an alarming increase in the number of cases of Covid-19. We need everyone to be extra vigilant. During next week and during the exam session please keep your child at home if there is any sign that they may be unwell. Please communicate your decision to us as soon as you decide to keep them at home. We would love everyone to write all the tests scheduled but we would much rather have someone miss a test than have them bring the infection

to school. Nobody who misses a test because they were symptomatic or in quarantine or even being cautious will be put at a disadvantage as a result. Please support us in keeping the campus safe.

The allocation of academic days to calendar days has been updated. Please find the new list on our downloads page or click here: <https://bit.ly/35bE1hG> Please make sure that you have version 4 on the fridge door. If you do not discard version 3 there will be some frustration.

Congratulations to the Junior Chess Champion for 2021 Cadyn Rautenbach, who won the championship this week.

We also celebrate the Senior Debating Team who won the quarter final in their online debate yesterday when they beat Riebeek.

Please keep yourself and those you love safe this week.

Fond regards

A handwritten signature in black ink, appearing to read 'Matthew Ridgway', with a stylized, wavy underline.

Matthew Ridgway