

WELCOME TO  
**ALEXANDER ROAD  
HIGH SCHOOL**

*Nil Sine Labore*



*70 YEARS OF AWESOME EDUCATION*

**GRADE 8 2025**

# SCHOOL CONTACT DETAILS



041 365 1270



info@arhs.co.za



www.arhs.co.za



Facebook.com/AlexanderRoadHigh



@alex\_rhs



@alex\_rhs



9 Alexander Road— Newton Park— Gqeberha— 6045

## STAFF INFORMATION

Role	Name	Contact
Principal	Mr Matthew Ridgway	ridgway.matthew@arhs.co.za
Deputy Principal—Academics & Sport	Mr Brett Mitchell	mitcheb@arhs.co.za
Deputy Principal—Pastoral Care	Dr Dale McGregor	mcregd@arhs.co.za
Deputy Principal—HR & Discipline	Ms Lizette Felix	felixl@arhs.co.za
Deputy Principal—Culture & Events	Ms Tracy Horsley	horslet@arhs.co.za
Departmental Heads	Mr Brandon Long Ms Karin Joubert Ms Janine Long Mr Dario Broccardo Ms Debbie Strydom Ms Kirsty Glover Mr Kyle Schimper Ms Jucinta McVitty-Brown	longb@arhs.co.za joubk@arhs.co.za long.janine@arhs.co.za broccad@arhs.co.za strydom.debbie@arhs.co.za glover.kirsty@arhs.co.za kschimper@arhs.co.za mcvittytbrown.jucinta@arhs.co.za
School Counsellors	Dr Dale McGregor Ms Robyne Povey	mcregd@arhs.co.za povey.robyme@arhs.co.za
Grade 8 Grade Heads	Ms Kirsty Glover Mr Jacques Nell	glover.kirsty@arhs.co.za nellj@arhs.co.za
Director of Sport	Mr Lyall Meyer	sportadmin@arhs.co.za
Director of Music	Mr Dario Broccardo	broccad@arhs.co.za
School Secretaries	Ms Margie Rudman Ms Thulisa Kenene	info@arhs.co.za kenene.thulisa@arhs.co.za
Music Secretary	Ms Colette Ridgway	ridgway.colette@arhs.co.za
Bursar	Ms Michelle Lawson	Lawson.Michelle@arhs.co.za
Assistant Bursar	Ms Lia Breetzke	breetzl@arhs.co.za
Credit Controller	Ms Cathy Golightly	golighc@arhs.co.za
Librarian	Ms Colette Ridgway	ridgway.colette@arhs.co.za
School Clothing Shop	Ms Jenny Lopes	041 365 6154
School Second Hand Clothing Shop	Mr Dean Bergins	073 855 1184
The Heart (Tuckshop) Manager	Ms Linda Evans	evans.linda@arhs.co.za

# 2025 ORIENTATION DAY

Tuesday 14 January - Orientation for new pupils

Wednesday 15 January - School opens for 2025

## ORIENTATION DAY FOR NEW GRADE 8s AND PUPILS WHO ARE NEW TO ALEX

Orientation day:

TUESDAY 14 JANUARY 2025: 10h00 – 12h00 Grade 8

TUESDAY 14 JANUARY 2025: 12h00 – 13h00 Grade 8 textbook collection

TUESDAY 14 JANUARY 2025: 13h00 – 14h00 Grades 9 - 11

Parents are requested to send their children to school on **Tuesday 14 January 2025** at the time stated, dressed in Alex uniform. Parents are not required to attend this orientation day.

We organise the orientation day because new pupils in a new school often feel 'lost' for a considerable period. This day is an effort to acclimatise our new pupils from the beginning of the year to enable them to settle in as soon as possible.

During orientation we hope to:

- further acquaint the pupils with their school environs, Grade Heads, class teachers and Student Leaders;
- give the pupils general important information;
- give the pupils their textbooks;
- allow the pupils to meet others in their class and grade;
- engender a feeling of belonging; and
- introduce the pupils to people to whom they can turn in any difficult situation.

If, for any reason, your child will not be able to attend, please phone the School Secretary, Ms Thulisa Kenene, at 041 3651270 on Tuesday 14 January 2025 by 09h00.

# ALEXANDER ROAD HIGH SCHOOL

## GENERAL INFORMATION

### SCHOOL BAGS AND SPORTS BAGS

- (i) The official sports bag is available from the school shop (They must be clearly marked).
- (ii) Please ensure that your child has a **plain** bag (either a sling bag or satchel type). The bag **MUST** have sides and a base that is **RIGID** in order to ensure minimal damage to school books. The bag must also have a reasonable capacity, otherwise books tend to get damaged if they are forced into a bag which is too small.

### THE HEART

The Heart, so called because the restaurant complex is the 'Heart' of the school, provides a tremendous service to our pupils at breaks, after school and during inter-school matches. It provides refreshments and food at reasonable prices for Alexans and visitors, and it is a social meeting place for our pupils during their free time, during functions, and when we host visitors from other schools. The Governing Body employs a Convener who tends to the organisation, stocking and running of the Heart.

### SCHOOL SHOP

The school shop is open on Mondays, Tuesdays and Wednesdays from 12h30 – 15h30 and is situated at Cordingley House opposite the school. Pupils may purchase items during second break (12h55 – 13h15) on these days. Our pre-owned uniform shop is situated in the gallery of the hall and is open at 2<sup>nd</sup> break every day; however, should you wish to make use of our pre-owned clothing shop this term (4<sup>th</sup> term), please phone the office to book an appointment.

### SCHOOL DAY

School starts at 07:45 on Monday, Wednesday, Thursday and Friday and at 08:20 on a Tuesday. School ends at 14:15 (Monday to Thursday) and at 13:45 on Fridays.

### LOCKER HIRE

Small	R90	}	No money to be sent until specifically requested.
Medium	R110		
Large	R150		
Large (share)	R220		

Lockers are optional but are **highly** recommended. Locker allocation will take place from the second week of the 1<sup>st</sup> term.

### THE CODE OF CONDUCT

At Alex, we are very proud of our code of conduct. This document provides the parameters for interaction between pupils, parents and the school. We review it almost every year. We want it to be a dynamic policy document that responds to the changing needs of our community. Please read it off our website at <https://www.arhs.co.za/downloads> or scan the QR code to download.



# A.R.H.S. SCHOOL SHOP cc

Cash, credit card or lay-by accepted for purchasing the uniform.

30% deposit required with lay-by purchases and ALL lay-by purchases must be paid in FULL and collected by Monday 2 December 2024.

We request that the pupil plus one parent ONLY come to the fitting.

Please call 041 365 6154 to make an appointment for the fitting of the uniform.

Fittings will only be done by appointment, allowing sufficient time to each pupil.

## FITTINGS FOR GRADE 8 PUPILS OF 2025

October Monday, Tuesday, Wednesday	12:30 – 15:30	By appointment
November Monday, Tuesday, Wednesday	12:30 – 15:30	By appointment
Saturday 30 November	09:00 – 12:30	By appointment
<b>2024 - December</b>		
Monday 2 December	10:00 – 14:00	By appointment
Tuesday 3 December	10:00 – 14:00	By appointment
Wednesday 4 December	10:00 – 14:00	By appointment
Thursday 5 December	10:00 – 14:00	By appointment
Friday 6 December	10:00 – 14:00	By appointment
Saturday 7 December	09:00 – 12:30	By appointment
Monday 9 December	10:00 – 14:00	By appointment
Tuesday 10 December	10:00 – 14:00	By appointment
<b>2025 – January</b>		
Monday 6 <sup>th</sup> January	10:00 – 14:00	By appointment
Wednesday 8 <sup>th</sup> January	10:00 – 14:00	By appointment
Thursday 9 <sup>th</sup> January	10:00 – 14:00	By appointment
Friday 10 <sup>th</sup> January	10:00 – 14:00	By appointment
Saturday 12 <sup>th</sup> January	09:00 – 12:30	By appointment
Monday 14 <sup>th</sup> January	10:00 – 16:00 (closed between 13:00 – 13:30)	By appointment
Tuesday 15 <sup>th</sup> January	11:00 – 16:00	By appointment
Wednesday 16 <sup>th</sup> January	12:00 – 16:00	By appointment
Thursday 17 <sup>th</sup> January	12:00 – 16:00	By appointment
<b>Normal hours from 20 January 2025 (12:20 – 15:30 Monday, Tuesday and Wednesday)</b>		

## A.R.H.S. SCHOOL SHOP cc

Price list as at October 2024 (note prices are subject to change at any time)

<b>School wear</b>	
Blazer	From R600 – R670
School Shirt	From R180 – R220
Brown Jersey Long Sleeve	From R310
Brown Sleeveless Jersey	From R280
Tie	R60
Skirt	From R150
Ladderless Stockings	R110
Grey Slacks	From R230
Scarf	R150
Golf Shirts (white)	From R290
Golf Shirt (red)	From R300
Shorts	From R150
Skorts	From R190
Striped Socks	R70 – R80 all sizes
<b>Sports wear</b>	
Brown Sports Jacket	From R250
Track pants	From R260
Track top	From R430
Hockey Socks	R110
Shirt Hockey/Netball/Squash	From R240
Skorts Netball/Hockey	From R280
Tennis Shirt	From R240
Boys Swimming Costume (school)	From R210
Girls Swimming Costume (school)	From R330
Boys Water Polo Costume (school)	From R330
Girls Water Polo Costume (school)	From R630
Swimming Cap	R80
House/Phys Ed T-Shirt (compulsory)	R120
Tog bag (Small)	R350
(Large)	R370

# GRADE 8 SUBJECTS

English Home Language

Either isiXhosa or Afrikaans (both at First Additional Language level)

Maths

Life Orientation

Natural Science

Social Science

Economic and Management Science

Digital Technology

Creative arts (Drama and either Visual Art or Music)

Guidance



## Parents Club

Creating a fun and welcoming environment for family and visitors

- Hosting visitors to Derby Days
- Termly social events
- Beautification of the school
- Table of Sharing for needy families




Scan the QR code above to join the Alex Parents Club for 2025.

Or scan the QR code below to join our WhatsApp group to be updated about our activities.

Contact person: Jucinta McVitty Brown  
mcvittybrown.jucinta@arhs.co.za



## STATIONERY AND OTHER SUBJECT AREA SPECIFIC REQUIREMENTS FOR 2025

	AFRIKAANS	CREATIVE ARTS	DIGITAL TECHNOLOGY	EMS	ENGLISH	GUIDANCE	ISIXHOSA	LIFE ORIENTATION	MATHEMATICS	MUSIC	NATURAL SCIENCES	SOCIAL SCIENCES	TOTAL
	Exam Pads	1	1		1	4		1		1		1	1
10 Pocket Flip File												1	1
20 Pocket Flip File							1		1	1			3
30 Pocket Flip File	2	2			1								5
50 Pocket Flip File										1			1
A4 1 Quire hardcover book			1	1			1						3
A4 2 Quire hardcover book	2						1				2	1	6
A4 3 Quire hardcover book						1		1	1				3
A4 Softcover exercise book	1				1								2
Lever arch file					1								1
Calculator: Casio FX-82ZA Plus									1				1
Mathematical Instrument set									1				1
Flash drive (4GB or more)			1										1
Earphones, NOT headphones			1										1
New Oxford Xhosa/English Dictionary							1						1

- Black, blue & red pens, eraser, ruler, hb pencil, pritt, stapler, highlighter, a pair of Scissors and a set of 24 pencil crayons
- A Casio fx-82za plus calculator is required from Grade 8 - 12
- A mathematical instrument set

### MUSIC AND BAND

All music pupils

(Subject, Extra Subject, Creative Arts or Band course)

1 x music manuscript book (theory) from Musikland

1 x electronic metronome (optional)

Clarinet and saxophone players: ± R800 p.a. for reeds

R2200 p.a. to hire a school instrument and

± R700 for the service thereof

R100 for an instrument cover

### DIGITAL TECHNOLOGY

Require pupils to be in possession of a flash drive (4GB or more) and a set of earphones (stereo jack) NOT over ear headphones

## ALEX HEART PRICES 2024

(Subject to change in 2025)

<b>TOASTED SANDWICHES</b>	
Bacon & Cheese	20-00
Bacon & Egg	20-00
Cheese & Tomato	16-00
Cheese	15-00
Chicken Mayonnaise	22-00

<b>HOT FOOD</b>	
Beef Burger	24-00
Boerewors roll	20-00
Chicken Burger	22-00
Curry Bunnies	22-00
Hot Chips	15-00
Chip Roll	20-00
Pies	22-00
Macaroni and Cheese	22-00
Wraps	22-00
Russians	23-00
Samoosa	11-00

<b>HEALTHY SNACKS</b>	
Apple	Varies
Banana	Varies
Banana Chips	16-00
Fruit Dainties	18-00
Corn Nibs	13-00
Grapes	Varies
Peanut Brittle	6-00
Salads	15-00
Yoghurt	10-00
Peanuts n Raisins	8-00

<b>CRISPS</b>	
Bigga Naks	2-00
Lays/Simba	8-00
Popcorn	5-00
Long Chips	20-00
Spookies	5-00
Yummee 125g	9-00
Pretzels	2-00

<b>DRINKS</b>	
Apple munchies	2-00
Buddy Bottle 440ml	14-00
Energade	15-00
Flavoured water 500ml	9-00
Fruit Juice 250ml	12-00
Fruit Juice 500ml	18-00
Iced Tea 500ml	14-00
Mineral Water 500ml	7-00
Mineral Water 750ml	10-00
Small Cola 300ml	9-00
Steri Stumpi	18-00
Cappy Cans	15-00
Smoothie	28-00

<b>CAKES/BISCUITS</b>	
Doughnut	10-00
Chelsea Bun	10-00
Oreos	7-00
Brownies	9-00
Choc chip cookies	9-00

<b>SWEETS/CHOCOLATES</b>	
Bar One 55g	14-00
Crunchies 40g	14-00
Jungle Bars	14-00
Five Star 46,5g	14-00
Fizz Pops	2-00
Halls	12-00
Jelly Tots 41g	12-00
Jellies/ sweetsies	12-00
Kit Kat 2 finger	5-00
Lunch Bar 46g	14-00
Milk Bottles	12-00
Mints	0-50
Nougat 75g	20-00
Oreos	7-00
Peppermint crisp 49g	16-00
PS Bar	14-00
PVM Bar	15-00
Shockers	2-00
Chocolate Slab	22-00
Smarties 17g	5-00
Sour Worms	12-00
Tex	14-00
Wine gums	12-00



at  
**ALEX**

we



enjoy being Alexans

create a safe space

have integrity

are considerate

ask challenging questions

communicate respectfully

are courageous

embrace being involved

are self-motivated

are committed to learning

at Alexander Road High School we are a Family and we are  
invested in our unique Alex Culture

