



Alexander Road High School

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7 March 2025

Dear Alex Family Members

Winter Sport Weekend

I hope that your March has started well and that, if you are observing Lent or Ramadhan, you are having a positive experience. We kick off the winter sport season in high gear over the next few days as many of our teams are participating in sports festivals across the city today, tomorrow and Sunday. We wish our teams all the very best as they play these first games. Thanks to all the parents and guardians who are shipping them to and from games.

Congratulations

Nine Alexans competed in the Metropolitan Athletics Championships last Saturday

1. Simonique Kayser - Silver long jump and high jump u17
2. Nazley Bhabha - Bronze shotput u16
3. Kungawo Ntanjana - Bronze high jump u16
4. Alethia Kock - 4th place Discus u16
5. Iviwe Magaba - Gold long jump, Silver triple jump u19
6. Sivuyise Kwange - Bronze 800m u17
7. Sibahle Luti - Silver 200m u16
8. Nakisha Cunningham - 4th place 800m u16
9. Roberto Sauls - 4th place 100m



We are very proud of all of them.

Grace Mapolisa, Alétheia Kock and Oliver Starbuck were accepted as Ambassadors for the iGems programme, which aims to incubate engineers. They were chosen from over 200 applicants and we are very proud of them all.

Roberto Sauls participated in the Eastern Cape Lifesaving Championships a few weeks ago. Roberto managed either a first or second place in five different events. Well done, Roberto!

Reunion meetings

As we run up to our 70th celebrations in September, we are calling on all our alumni to connect with their year groups in order to be included in the planning. We are hosting a meeting for the coordinators on the 26th of March.

Winter Extramural Afternoon Schedule

The Winter sport afternoon schedule has been published this week and is distributed with this letter. Please check with your children when their practices are so that they can prepare. Please take note of the fact that we never cancel a practice. If the weather is inclement, we will revert to a strategy session inside. Don't let them convince you that the practice is cancelled.

Matric Jerseys

If you are a parent of a Grade 12 who was waiting for a sleeveless white Matric Jersey, then please visit the school clothing shop as the stock has arrived.

Traffic in Alexander Road

Please remember that we are all in a tight squeeze in Alexander Road at peak traffic times. Please be part of the solution by adhering to the rules of the road. Some parents are still stopping in the road to fetch a child. This blocks the entire road. Even if it is for a short time, the cumulative impact is large. U-turns at peak times are also problematic as they cause similar delays. There is no need to do a U-turn as both Second and Third Avenue can get you where you need to be. Please be part of the solution rather than being the cause of the problem.

Please take note of the concert planned for 20 March, we look forward to you joining us for the evening.

Please look after yourself and those you love this week.

Regards,


Matthew Ridgway
Principal



ALEX REUNION COORDINATORS MEETING



1970 1975 1980 1985 1990 1995 2000 2005 2010 2015

Calling for willing volunteers from the above years to be coordinators for their reunion year

DATE: Wednesday, 26 March 2025 TIME: 17:30
VENUE: Cordingley House
RSVP: kschimper@arhs.co.za



ALEXANDER ROAD HIGH SCHOOL MUSIC DEPARTMENT PRESENTS

Fanfare and Flourishes

20 MARCH 2025 | 18H00
PERCY WALKER HALL
R 50 PER PERSON

TICKETS AVAILABLE ON QUICKET

