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23 May 2025

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Dear Alex Family Members

A Season of Crazy

If you have noticed some of the antics emanating from the office of the American President in the last few months, you might be forgiven for thinking that you are watching a comedy show. The mayhem is not only limited to the American President. We are in an era where leaders are not routinely compelled to tell the truth. Extremist views are given over to the algorithms that manage which posts and news stories reach your social media feeds. These algorithms can be tweaked and tuned to press certain narratives, even if they are completely or partially devoid of any truth. The frustrating reality is that large groups of people are unwittingly being influenced by these algorithms, which are managed with malicious intent.

We owe it to our children to engage in robust debate on current affairs. We must continue to train everyone to think critically about the information that we are being fed in order to evaluate its truthfulness and manage our understanding of the world we live in. Turning a blind eye on these matters leaves us all vulnerable to the influence of those with the power to manage our information feed.

Clothing shop times during exams

The school clothing shop will be open from 11.30 to 13.30 during exams, if you need anything on Monday to Wednesday inclusive.

Congratulations

Well done to Alwab'olwethu Langesa in Gr10 and to Dean De Necker in Gr12 for their outstanding performances at this year's SASMT Into The Mix Contemporary Music Competition. We are very proud of you both. A hearty round of applause for Dean **who won the competition** with a stunning performance on Sunday afternoon at Curro Westbrook. In the same breath we congratulate Mr. Green's son, Ben, who came 2nd in his category! All three, fine prospects for music.

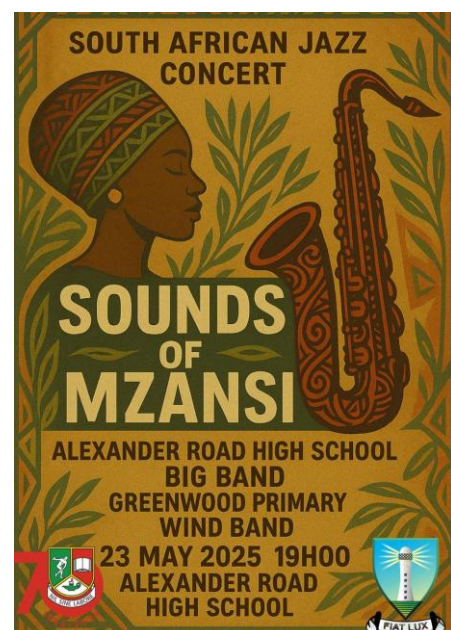


The Hemiola Chamber Choir hosted a concert entitled, A Decade of Song, on Thursday 22 May in celebration of their 10th anniversary. The Alex choir was invited to perform at this event together with other school choirs and it was a very delightful and enjoyable evening of choral music. Our choir did us proud by performing three songs, one of which also included members

of the contemporary band led by Mr Hurter. Sibabalwe Kula on drum kit, Alwab'Olwethu Langesa, Marc Noppé, and Aletheia Kock on guitars and our piano accompanist, Mrs Barth, entertained the audience with the well-known song, Stand By Me. Iyamangalisa Mrubata did an exceptional job by leading the choir in the traditional song, Ndisondele. Well done to our amazing choir!

Sounds of Mzansi

Please join us tonight in the hall for our Sounds of Mzansi jazz evening. We are teaming our Big Band up with Greenwood Primary. It promises to be a fantastic evening



Eplatform

We are fortunate enough to have access to a wide variety of Ebooks and audio books via our electronic platform. We all know how important it is for our children to read. They may not have a book to hand when the opportunity presents itself. This platform is the perfect solution. Please encourage your child to download the app and start with their first book.

Family Favourites

We are still hunting your most cherished family recipes for our celebration compilation to be published in our reunion week at the end of August. We are looking for those dishes that you rely on as a faithful part of feeding the clan. They do not have to be complex or restaurant cuisine. We are also looking for families and businesses to take on the cost of a page. Think about the benefits for your business of being represented on a page of a recipe that is used once a week. Please look after yourself and those you love this week.

Fond regards


Matthew Ridgway
Principal

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Celebrating 70 years **ALEX FAMILY Favourites**

Whether it's Nana's chocolate cake, or Auntie's Chakalaka, we all have fond memories involving food. It's those recipes that we are looking for to add to our 70th birthday Alex recipe book.

Submit your family favourite:



Email: recipes@arhs.co.za



Google Form: Scan QR Code



SPONSORSHIP

We are looking for families and businesses to sponsor pages of the recipe book.

To sponsor a page at R50/page, please contact Lucintha at recipes@arhs.co.za.