



WELCOME TO

ALEXANDER ROAD HIGH SCHOOL

Nil Sine Labore

GRADE 8 2027

SCHOOL CONTACT DETAILS



041 365 1270



info@arhs.co.za



Website: www.arhs.co.za

Online Resources: www.arhs.vip



Facebook.com/AlexanderRoadHigh



@alex_rhs



@alex_rhs



9 Alexander Road, Newton Park, Gqeberha, 6045

STAFF INFORMATION

Role	Name	Contact
Principal	Mr Matthew Ridgway	ridgway.matthew@arhs.co.za
Deputy Principal <i>Academics & Marketing</i>	Mr Brett Mitchell	mitcheb@arhs.co.za
Deputy Principal <i>Pastoral Care & Sport</i>	Dr Dale McGregor	mcregd@arhs.co.za
Deputy Principal <i>HR & Discipline</i>	Ms Lizette Felix	felixl@arhs.co.za
Deputy Principal <i>Culture & Events</i>	Ms Tracy Horsley	horslet@arhs.co.za
Departmental Heads	Mr Brandon Long Ms Karin Joubert Ms Janine Long Ms Debbie Strydom Ms Kirsty Glover Mr Kyle Schimper Mr Tamsyn Olander	longb@arhs.co.za joubk@arhs.co.za long.janine@arhs.co.za strydom.debbie@arhs.co.za glover.kirsty@arhs.co.za kschimper@arhs.co.za olandet@arhs.co.za
School Counsellors	Dr Dale McGregor Ms Robyne Povey	mcregd@arhs.co.za povey.robyme@arhs.co.za
Grade 8 Grade Heads	Ms Kelly Reynolds Mr Jacques Nell	reynolds.kelly@arhs.co.za nellj@arhs.co.za
Head of Sport	Dr D McGregor	mcregd@arhs.co.za
School Secretaries	Ms Margie Rudman Ms Busiswa Booï	info@arhs.co.za booï.busiswa@arhs.co.za
Music Secretary	Ms Colette Ridgway	ridgway.colette@arhs.co.za
Bursar Assistant Bursar Credit Controller	Ms Michelle Lawson Ms Lia Breetzke Ms Cathy Golightly	lawson.michelle@arhs.co.za breetzl@arhs.co.za golighc@arhs.co.za
School Administrator Admin Assistant Laboratory Assistant	Ms Thulisa Kenene Ms Mandy Glover Ms Diann Labuschagne	
Network Manager Assistant Network Manager	Mr Recth van Huyssteen Mr Colin Wells	
Librarian	Ms Colette Ridgway	ridgway.colette@arhs.co.za
Estate Manager Assistant Estate Manager	Mr Lester Bailey Mr Leonardo Fourie Mr Salome Uithaler	
School Clothing Shop	Ms Jenny Lopes	041 365 6154
School Second Hand Clothing Shop	Mr Dean Bergins	078 000 9111
The Heart (Tuckshop) Manager	Ms Linda Evans	evans.linda@arhs.co.za



2027 ORIENTATION DAY

Tuesday 12 January - Orientation for new pupils

Wednesday 13 January - School opens for 2027

ORIENTATION DAY FOR NEW GRADE 8s AND PUPILS WHO ARE NEW TO ALEX

TUESDAY 13 JANUARY 2026: 10h00 – 12h00 Grade 8

TUESDAY 13 JANUARY 2026: 12h00 – 13h00 Grade 8 textbook collection

TUESDAY 13 JANUARY 2026: 13h00 – 14h00 New Grades 9 - 11

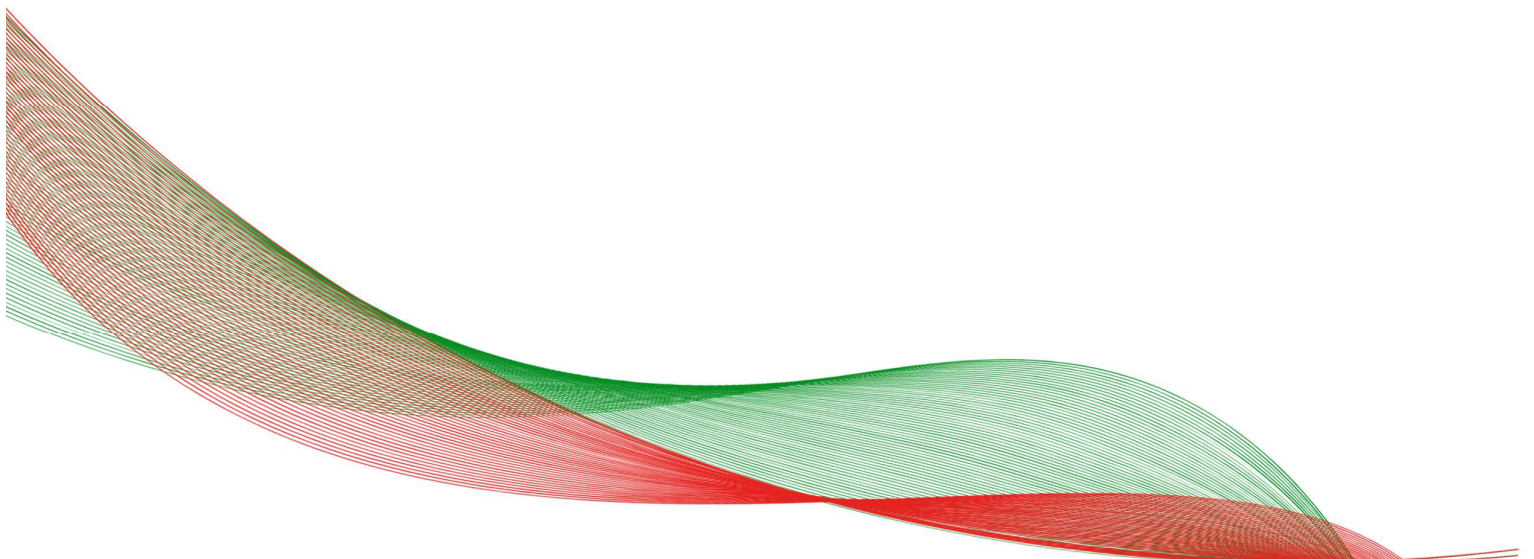
Parents are requested to send their children to school on **Tuesday 12 January 2027** at the time stated, dressed in Alex uniform. Parents are not required to attend this orientation.

We organise the orientation meetings because new pupils in a new school often feel 'lost' for a considerable period. This meeting is an effort to acclimatise our new pupils from the beginning of the year to enable them to settle in as soon as possible.

During orientation we hope to:

- further acquaint the pupils with their school environs, Grade Heads, class teachers and Student Leaders;
- give the pupils general important information;
- give the pupils their textbooks;
- allow the pupils to meet others in their class and grade;
- engender a feeling of belonging; and
- introduce the pupils to people to whom they can turn in any difficult situation.

If, for any reason, your child will not be able to attend, please phone the School Secretary, Ms Busiswa Boo, at 041 3651270 on Tuesday 12 January 2027 by 09h00.



GENERAL INFORMATION

SCHOOL BAGS AND SPORTS BAGS

- (i) The official sports bag is available from the school shop (They must be clearly marked).
- (ii) Please ensure that your child has a **plain** bag (either a sling bag or satchel type). The bag **MUST** have sides and a base that is **RIGID** in order to ensure minimal damage to school books. The bag must also have a reasonable capacity, otherwise books tend to get damaged if they are forced into a bag which is too small.

THE HEART

The Heart, so called because the restaurant complex is the 'Heart' of the school, provides a tremendous service to our pupils at breaks, after school and during inter-school matches. It provides refreshments and food at reasonable prices for Alexans and visitors, and it is a social meeting place for our pupils during their free time, during functions, and when we host visitors from other schools. The Governing Body employs a Convener who tends to the organisation, stocking and running of the Heart.

SCHOOL SHOP

The school shop is open on Mondays, Tuesdays and Wednesdays from 12h30 – 15h30 and is situated at Cordingley House opposite the school. Pupils may purchase items during second break (12h55 – 13h15) on these days. Our pre-owned uniform shop is situated in the gallery of the hall and is open at 2nd break every day; however, should you wish to make use of our pre-owned clothing shop this term (4th term), please phone the office to book an appointment.

SCHOOL DAY

School starts at 07:45 on Monday, Wednesday, Thursday and Friday and at 08:20 on a Tuesday. School ends at 14:15 (Monday to Thursday) and at 13:45 on Fridays.

LOCKER HIRE

Small	R100	}	No money to be sent until specifically requested.
Medium	R150		
Large	R200		
X-Large	R250		

Lockers are optional but are **highly** recommended. Locker allocation will take place from the second week of the 1st term.

THE CODE OF CONDUCT

At Alex, we are very proud of our code of conduct. This document provides the parameters for interaction between pupils, parents and the school. We review it almost every year. We want it to be a dynamic policy document that responds to the changing needs of our community. Please read it off our website at <https://www.arhs.co.za/downloads> or scan the QR code to download.



A.R.H.S. SCHOOL SHOP cc

Cash, credit card or lay-by accepted for purchasing the uniform.

30% deposit required with lay-by purchases and ALL lay-by purchases must be paid in FULL and collected by Wednesday, 9th December 2026.

We request that the pupil plus one adult ONLY come to the fitting.

Please call 041 365 6154 to make an appointment for the fitting of the uniform.

Fittings will only be done by appointment, allowing sufficient time to each pupil.

FITTINGS FOR GRADE 8 PUPILS OF 2027

OCTOBER MONDAY, TUESDAY, WEDNESDAY	12:30 – 15:30	By appointment
NOVEMBER MONDAY, TUESDAY, WEDNESDAY	12:30 – 15:30	By appointment
SATURDAY 21 NOVEMBER	9:00 – 12:00	By appointment
MONDAY 30 th NOVEMBER	11:00 – 15:00	By appointment
2026 - December		
TUESDAY 1 st DECEMBER	11:00 – 15:00	By appointment
WEDNESDAY 2 nd DECEMBER	11:00 – 15:00	By appointment
THURSDAY 3 rd DECEMBER	11:00 – 15:00	By appointment
FRIDAY 4 th DECEMBER	11:00 – 15:00	By appointment
SATURDAY 5 th DECEMBER	09:00 – 12:00	By appointment
MONDAY 7 th DECEMBER	11:00 – 15:00	By appointment
TUESDAY 8 th DECEMBER	11:00 – 15:00	By appointment
WEDNESDAY 9 th DECEMBER	11:00 – 15:00	By appointment
THURSDAY 10 th DECEMBER	11:00 – 15:00	By appointment
FRIDAY 11 th DECEMBER	11:00 – 15:00	By appointment
2027 – January		
WEDNESDAY 6 th JANUARY	10:00 – 14:00	By appointment
THURSDAY 7 th JANUARY	10:00 – 14:00	By appointment
FRIDAY 8 th JANUARY	10:00 – 14:00	By appointment
SATURDAY 9 th JANUARY	09:00 – 12:00	By appointment
MONDAY 11 th JANUARY	10:00 – 16:00 (closed between 13:00 – 13:30)	
TUESDAY 12 th JANUARY	11:00 – 16:00	
WEDNESDAY 13 th JANUARY	12:00 – 16:00	
THURSDAY 14 th JANUARY	12:30 – 15:30	
NORMAL HOURS FROM 18 JANUARY 2027 (12:30 – 15:30 MONDAY, TUESDAY AND WEDNESDAY)		

A.R.H.S. SCHOOL SHOP CC

Price list as at August 2026 (**note prices are subject to change at any time**)
Phone 041-3656154

Open Monday, Tuesday and Wednesday 12.30-15.30

Blazer	From R660 – R730
School Shirt with badge	From R180 - R220
Brown Long Sleeve Jersey	From R340
Brown Sleeveless Jersey	From R320
Tie	R70
Skirt	From R180
Ladderless Stockings	From R110
Grey Slacks	From R230
Scarf	R190
Matric Scarf	R190
Golf Shirts (white)	From R320
Golf Shirt (red)	From R340
Shorts	From R180
Skorts	From R200
Striped Socks	R70 - R80
Brown Sports Jacket	From R320
Shoes – must be brown lace ups (not available at school shop)	

SPORTSWEAR

GIRLS		BOYS	
Track pants	From R270	Track pants	From R270
Track top	From R440	Track Top	From R440
Hockey Socks	R110	Rugby Jersey	From R350
Shirt Hockey/Netball/Squash	From R300	Socks Rugby/Hockey/Soccer	R110
Skorts Netball/Hockey/Tennis	From R320	Shirt Hockey/Soccer/Squash	From R320
		Shorts Soccer/Hockey/Tennis	From R280
		Cricket Shirt	From R240
		Cricket Cap (brown)	R230
		Cricket Pants	From R220
Tennis Shirt	From R260	Tennis Shirt	From R320
Waterpolo Costume (sublimated)	From R630		
Waterpolo Costume (non-sublimated)	From R340	Waterpolo Costume (sublimated)	R330
Swimming Costume	From R330	Swimming Costume	From R230
House/Phys Ed T-Shirt (compulsory)	R130	House/Phys Ed T-Shirt (compulsory)	R130
Swimming Cap	R80	Swimming Cap	R80
Togbag (Small)	R390	Togbag (Small)	R390
(Large)	R440	(Large)	R440

GRADE 8 SUBJECTS

English Home Language

Either isiXhosa or Afrikaans (both at First Additional Language level)

Maths

Life Orientation

Natural Science

Social Science

Economic and Management Science

Digital Technology

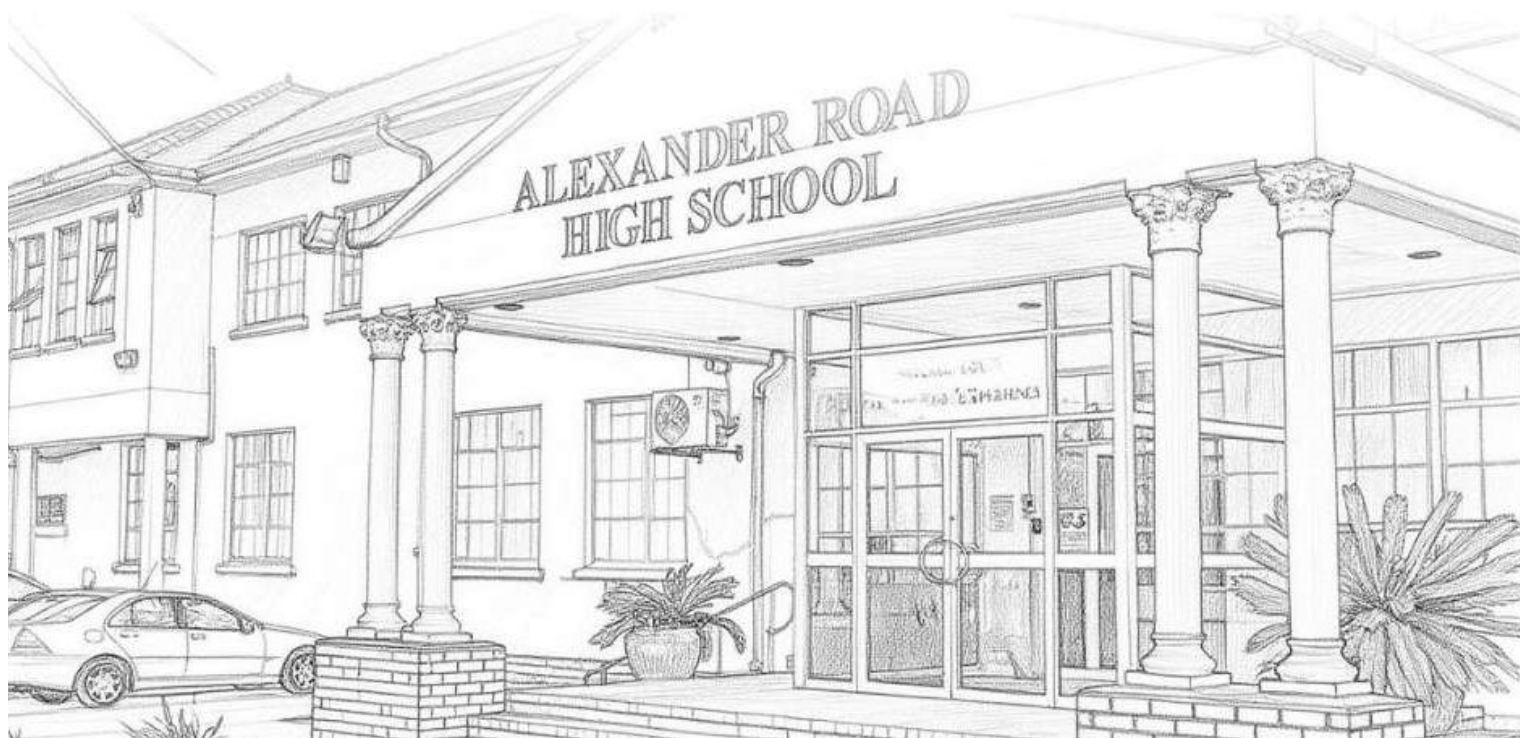
Creative Arts (Drama and either Visual Art or Music)

Guidance

Parent's Club

Show support to the Alex Family through donations or volunteering your time.

- Fresh flowers for the foyer
- Donations and assistance on Family Day



STATIONERY AND OTHER SUBJECT AREA SPECIFIC REQUIREMENTS FOR 2027

	AFRIKAANS	CREATIVE ARTS	DIGITAL TECHNOLOGY	EMS	ENGLISH	GUIDANCE	ISIXHOSA	LIFE ORIENTATION	MATHEMATICS	NATURAL SCIENCES	SOCIAL SCIENCES
Exam Pads	1	1		1	4		1		1	1	1
10 Pocket Flip File											1
20 Pocket Flip File							1		1		
30 Pocket Flip File	1	2			1						
50 Pocket Flip File											
A4 1 Quire hardcover book	1						1				
A4 2 Quire hardcover book	1			1			1			1	1
A4 3 Quire hardcover book			1			1		1	1		
A4 Softcover exercise book					1						
Lever arch file					1						
Calculator: Casio FX-82ZA Plus									✓		
Mathematical Instrument set									✓		
Flash drive (8GB or more)			✓								
Earphones, NOT headphones			✓								
New Oxford Afrikaans/English Dictionary	1						✓				

Compulsory Items:

Pens (Black, Blue & Red), Eraser, Ruler, HB Pencil
 Pritt, Stapler, Highlighter, Pair of scissors, Set of 24 pencil crayons

Life Orientation: Phys Ed uniform (school tracksuit or brown school short and house T-shirt)



Notes

1. It is recommended that you do not purchase all the exam pads straight away. They may not all be required.
2. In cases where a lever arch file is requested, you may purchase an A4 3 quire hardcover book in its place. These books must be kept from Gr 8 to Gr 12
3. Sufficient folio must be provided for subjects requiring files. Ring reinforcements are recommended but are not compulsory.
4. Some teachers will make a further request for plastic filing sleeves. Do not purchase any in advance.
5. Requirements for projects will be given during the course of the year for all subjects.
6. Pupils may choose to purchase large lever arch files in place of others which have been requested.
7. Old files are obviously acceptable.
8. All textbooks and hard cover books should be covered in plastic or contact and clearly labelled.
9. The 30 pocket flip file used in Afrikaans and English must be kept for Gr 9
10. The 1x 3-quire Guidance book to be used from Gr 8 to 12
11. The 1 x 3 quire Life Orientation book to be used from Gr 8 to 12

Dictionaries (Recommended but not compulsory)

1. Oxford English dictionary
2. Afr FAL: Oxford Afrikaans-English English to Afrikaans skoolwoordeboek

Creative Arts - Music component

1x A4 music manuscript book (available at any music shop)

Instrument - descant recorder (available at any music shop or from class teacher)

Practical Music (not Creative Arts)

All music pupils (Extra Subject Grade 8-12)

Music Fee: R100 per month (all instruments)

1 x metronome

1 x 30 pocket flip file (separate from Bands/Strings file)

Bands/Strings etc.

1 x 30 pocket flip file (separate from Practical Music file)

Creative Arts - Visual Arts component

All art pupils

1 x set of 24 colour pencil crayons (colleens or iwrite or faber castell)

2 x 2B, 4 x HB pencil, ruler, sharpener and eraser, black fineliner

EMS

Workbook

Grade 8 Accountability

ISBN: 9780992215606

Pickwicks: approx. R170

Van Schaik: approx. R170

Creative Arts - Drama component

All pupils

1 x set of 24 colour pencil crayons (colleens or iwrite or faber castell)

30 page pocket flipfile

Exam pad



ALEX HEART 2026

TOASTED SANDWICHES

Bacon & Cheese	22-00
Bacon & Egg	22-00
Cheese & Tomato	16-00
Cheese	15-00
Chicken Mayonnaise	24-00

HOT FOOD

Beef Burger	31-00
Boerewors roll	22-00
Chicken Burger	24-00
Curry Bunnies	24-00
Hot Chips	16-00
Chip Roll	22-00
Pies	24-00
Macaroni Cheese	24-00
Wraps	24-00
Russians	25-00
Samoosa	12-00
Rotis	25-00

HEALTHY SNACKS

Apple	Varies
Banana	Varies
Banana Chips	15-00
Fruit Dainties	12-00
Corn Nibs	12-00
Peanut brittle	8-00
Biltong	24-00
Nibbles	20-00
Peanuts n Raisins	8-00
Peanuts n Raisins	8-00
Dippers	15-00
Yoghurt	10-00

CRISPS

Bigga Naks	2-00
Lays/Simba	9-00
Long Chips	20-00
Spookies	5-00
Yummee 125g	9-00
Pretzels	2-00

DRINKS

Buddy Bottle 440ml	14-00
Energade	15-00
Flavoured water 500ml	10-00
Fruit Juice 250ml	12-00
Fruit Juice 500ml	20-00
Iced Tea 500ml	18-00
Mineral Water 500ml	7-00
Mineral Water 750ml	11-00
Small Cola 300ml	10-00
Steri Stumpi	20-00
Cappy Cans	16-00
Smoothie	30-00

SWEETS/CHOCOLATES

Bar One 55g	15-00
Crunchies 40g	15-00
Jungle Bars	15-00
Five Star 46,5g	15-00
Fizz Pops	2-00
Halls	12-00
Jelly Tots 41g	12-00
Jellies/ sweetsies	12-00
Kit Kat 2 finger	7-00
Lunch Bar 46g	15-00
Milk Bottles	14-00
Mints	0-50
Nougat 75g	20-00
Oreos	8-00
PS	15-00
Shockers	2-00
Slab chocolate	24-00
Smarties 17g	7-00
Sour Worms	14-00
Tex	15-00
Wine gums	12-00
Medley Bar	8-00

CAKES/BISCUITS

Doughnut	12-00
Chelsea Bun	11-00
Oreos	8-00
Brownies	9-00
Choc chip cookies	10-00
Munchies	10-00

13/01/2026

at
ALEX
we



enjoy being Alexans

have integrity

ask challenging questions

are courageous

are self-motivated

create a safe space

are considerate

communicate respectfully

embrace being involved

are committed to learning

at Alexander Road High School we are a Family and we are
invested in our unique Alex Culture